

Eastern Pathology Alliance		Instructions for collection of microbiology specimens by patients - Aptima urine	Page 1 of 1
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Urine sample collection using Aptima® urine collection kit for male and female urine specimens

Wash hands before starting.

Patient should not have urinated for at least 1 hour prior to specimen collection.



Direct patient to provide first-catch urine (approximately 20 to 30 mL of initial urine stream) into urine collection cup free of any preservatives. Collection of larger volumes of urine may result in specimen dilution that may reduce test sensitivity. **Female patients should not cleanse labial area prior to providing specimen.**



Remove cap from urine specimen transport tube and transfer 2 mL of urine into urine specimen transport tube using the disposable pipette provided.

The correct volume of urine has been added when the fluid level is between the black fill lines on urine specimen transport tube label.



Re-cap urine specimen transport tube tightly. Return tube as instructed by the care provider.

After collection, transport and store processed urine specimens in the Aptima urine specimen transport tube between 2°C to 30°C until tested.

If you have any questions about this procedure, please ask your doctor, nurse or care provider.