

Eastern Pathology Alliance	Microbiology Patient-collected samples	Page 1 of 6
Dept/Site : Microbiology	Doc Ref: EMC-QUP-011 App 2	Author: C.McDonnell
Revision: 3	Issued: 21/04/21	Authorised by: R. Prakash
		Review interval: Annual

A) Urines (Routine):



Urine Container with Collection Device – Instructions for Use



Clean the hands thoroughly before use.
Open cap by unscrewing anti-clockwise.



Lay the cap upside down on a firm surface.



Do Not Touch Internal Surfaces of the container and cap.



Collect mid-stream urine. Fill container up to $\frac{3}{4}$ of the capacity.



Turn the cap tightly in a clockwise direction to seal.

Surname _____
Forename _____ M/F _____
NHS No. _____
Spec. _____ D.O.B. _____
Date _____ Time _____

If giving to healthcare professional complete and attach label.



Gently shake the sample.



Partially raise the protective label (Do not remove it completely).



Do not put finger in the sampling hole.



Insert the tube. Gently apply pressure. Keep the tube in place until flow is complete.



Label the sample tube with the patients' details.



Remove the tube and fully re stick the protective label. Return both the tube and container to the GP practice.

Eastern Pathology Alliance	Microbiology Patient-collected samples	Page 2 of 6
Dept/Site : Microbiology	Doc Ref: EMC-QUP-011 App 2	Author: C.McDonnell
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Urine Container— Recommendations for Disposal



1. Disposal.

Urine containers are disposable and are to be used once only. The Containers need to be emptied when analysis is complete, prior to disposal.

Gloves should always be worn for testing and disposal of urine samples.

2. Disposal of Urine.

Once sampling has been completed urine is to be disposed of down the sluice or toilet.

Under no circumstances may it be disposed of down a sink.

Each part of the container is disposed of independently.

3. Disposal of the Container (translucent part).

This part of the container should be placed in clinical or offensive/hygiene waste bags.

They should not be placed into domestic waste bags.

4. Disposal of the Container (yellow part).

This part, inside the plastic, has a needle covered in a protective sheath. It is recommended that the cap is disposed of in a Sharps container such as shown below and dealt with as you would do with blood collection needles.

They should not be placed into domestic waste bags.



Sharps Container.

Product Code: 300479

Description: Sharps Collectors 22.7L - Can be stacked.

Supplied in a box 1 * 12 items

R & L Slaughter Ltd. is accredited to ISO 9001:2008.



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Eastern Pathology Alliance	Microbiology Patient-collected samples	Page 3 of 6
Dept/Site : Microbiology	Doc Ref: EMC-QUP-011 App 2	Author: C.McDonnell
Revision: 3	Issued: 21/04/21	Authorised by: R. Prakash
		Review interval: Annual

B) APTIMA swabs for Chlamydia / Gonorrhoea

Penile Meatal Sample Collection using Aptima® Multitest Swab Specimen Collection Kit

Wash hands before starting.



Partially peel open swab package and remove the swab. Do not touch the soft tip or lay the swab down. **If the soft tip is touched, laid down, or dropped, request a new Aptima Multitest Swab Specimen Collection Kit.** Hold the swab, placing thumb and forefinger in the middle of the swab shaft over the black score line.



Hold the penis with your free hand (hand with no swab). If you are uncircumcised (image 2A), you will have to roll the foreskin down before collection. Using your other hand (with the swab), roll the swab just at the tip or outside the opening to the penis through which you pass urine (pee) (image 2B). Be sure to roll the swab completely around the opening to get the best sample. It is not necessary to put the swab deep inside the opening of the penis.



While holding the swab in the same hand, unscrew the cap from the tube. Do not spill tube contents. **If the tube contents are spilled, request a new Aptima Multitest Swab Specimen Collection Kit.**

Immediately place swab into transport tube so the black score line is at the top of the tube. Align the score line with the top edge of the tube and carefully break swab shaft. The swab will drop to bottom of the vial. Discard the top portion of the swab shaft.



Tightly screw cap onto tube.
Return tube as instructed by the care provider.

Eastern Pathology Alliance	Microbiology Patient-collected samples	Page 4 of 6
Dept/Site : Microbiology	Doc Ref: EMC-QUP-011 App 2	Author: C.McDonnell
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Vaginal Swab Sample Collection using Aptima® Multitest Swab Specimen Collection Kit

Wash hands before starting.



Partially peel open swab package and remove the swab. Do not touch the soft tip or lay the swab down. **If the soft tip is touched, laid down, or dropped, request a new Aptima Multitest Swab Specimen Collection Kit.** Hold the swab, placing thumb and forefinger in the middle of the swab shaft over the black score line.



Carefully insert swab into the opening of the vagina, about two inches, and gently rotate swab for 10 to 30 seconds. Make sure swab touches the walls of the vagina so that moisture is absorbed by the swab. Withdraw swab without touching skin.



While holding the swab in your hand, unscrew the tube cap. Do not spill tube contents. **If the tube contents are spilled, request a new Aptima Multitest Swab Specimen Collection Kit.** Immediately place swab into transport tube so the black score line is at the top of the tube. Align the score line with the top edge of the tube and carefully break swab shaft. The swab will drop to bottom of the vial. Discard the top portion of the swab shaft.



Tightly screw cap onto tube.
Return tube as instructed by the care provider.

Eastern Pathology Alliance		Microbiology Patient-collected samples	Page 5 of 6
Dept/Site : Microbiology		Doc Ref: EMC-QUP-011 App 2	Author: C.McDonnell
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Urine sample collection using Aptima® urine collection kit for for male and female urine specimens

Wash hands before starting.

Patient should not have urinated for at least 1 hour prior to specimen collection.



Direct patient to provide first-catch urine (approximately 20 to 30 mL of initial urine stream) into urine collection cup free of any preservatives. Collection of larger volumes of urine may result in specimen dilution that may reduce test sensitivity. **Female patients should not cleanse labial area prior to providing specimen.**



Remove cap from urine specimen transport tube and transfer 2 mL of urine into urine specimen transport tube using the disposable pipette provided.

The correct volume of urine has been added when the fluid level is between the black fill lines on urine specimen transport tube label.



Re-cap urine specimen transport tube tightly. Return tube as instructed by the care provider.

After collection, transport and store processed urine specimens in the Aptima urine specimen transport tube between 2°C to 30°C until tested.

If you have any questions about this procedure, please ask your doctor, nurse, or care provider.

Eastern Pathology Alliance	Microbiology Patient-collected samples	Page 6 of 6
Dept/Site : Microbiology	Doc Ref: EMC-QUP-011 App 2	Author: C.McDonnell
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C) Faeces

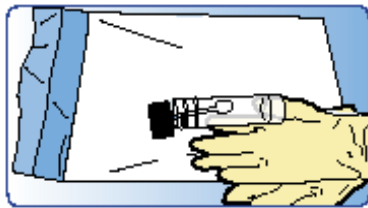
Stool sample collection instructions

Before you start:

You may wish to purchase a pair of disposable plastic gloves from your local supermarket/pharmacist (not essential).

Step 1

Fill in your name, address and date of birth on the label on the outside bottle **using a permanent pen.**



Step 2

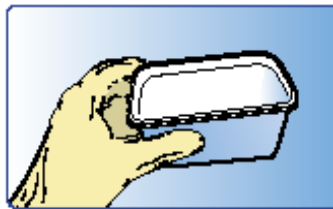
To prevent the poo sample from falling into the toilet either

Option A

Place a wide mouth container (clean empty plastic food container e.g. margarine tub) in the toilet bowl.

or Option B

Place clean newspaper over the toilet seat opening under the lid (this might not be suitable for a runny sample).



Step 3

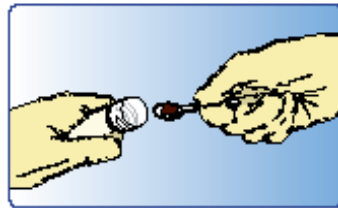
Pass the poo sample either into the container or onto the newspaper.



Step 4

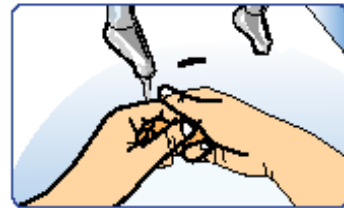
Using the spoon built into the cap of the collection tube, collect small scoops of stool from each end and the middle. **Half fill the tube.** Replace cap and make sure it is tightly closed.

Disposal: Dispose of remaining stool down the toilet. Wrap the container or newspaper and gloves in clean newspaper and dispose of in a plastic bag.



Step 5

Wash hands with soap and warm water.



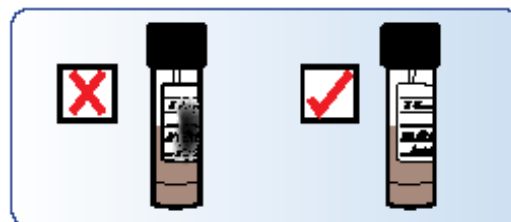
Step 6

Place the sample container in the bag provided and then place the sealed envelope in a cool place until you are able to get to your GP practice or hospital laboratory. **The sample must be returned within 24hrs of collection.**



Step 7

Please check that your details are still clearly visible on the outside of the collection bottle before returning the sample. If not, ask the receptionist for a new label, write your details on this clearly and stick over the old label.



NOTE: Take sample to appropriate drop off point as soon as possible, but no later than 24 hours after collection.